

How to Be Your Own Shrink

Filesize: 2.7 MB

Reviews

This pdf is so gripping and intriguing. I could comprehended almost everything using this composed e ebook. You are going to like just how the article writer create this ebook. (Miss Dakota Zulauf)

HOW TO BE YOUR OWN SHRINK



To read How to Be Your Own Shrink eBook, remember to refer to the link under and download the document or get access to additional information that are in conjuction with HOW TO BE YOUR OWN SHRINK ebook.

Createspace, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. FREE THERAPY. That s right; your therapy is going to be absolutely FREE. Instead of going to a therapist at \$200 per hour and spending years in his chair, you can now be your own therapist. Newly found therapies in Energy Psychology that are easy to learn and use have made this possible. You don t need 8 years of college and a PHD anymore to know how to cure even the most severe emotional issues. These therapies are so easy to learn that children around the world are now using them to heal their emotional trauma. Imagine your fear or phobia gone in one hour. Imagine feeling immediate relief from emotional trauma. Studies, some of them done at the Harvard Medical School, have proven that these new techniques are for real and effective. You will learn 3 different modalities in this book, each one compliments the other. The biggie is EFT (Emotional Freedom Technique), considered to be the fastest healing mode on the planet. Second you will learn how real and effective Self Hypnosis is. You will be able to put yourself in Hypnosis in minutes and be your own mind mechanic. You will learn how to create your Safe Haven a place you can go in your mind for rest and relaxation. You will also learn a great technique for forgiving your trespassers. Finally you will learn an ancient technique for healing yourself and others around you called Ho oponopono. It helps you balance your emotional issues as they come up during the day. I am getting rave reviews from my clients whom I have taught this to. Each modality compliments the other for a Holistic...

- ÷ Read How to Be Your Own Shrink Online F
- Download PDF How to Be Your Own Shrink

Relevant eBooks

-

[PDF] Learn em Good: Improve Your Child s Math Skills: Simple and Effective Ways to Become Your Child s Free Tutor Without Opening a Textbook

Click the web link below to download and read "Learn em Good: Improve Your Child s Math Skills: Simple and Effective Ways to Become Your Child s Free Tutor Without Opening a Textbook" file.

Download PDF »

	Ľ	
-		

[PDF] Crochet: Learn How to Make Money with Crochet and Create 10 Most Popular Crochet Patterns for Sale: (Learn to Read Crochet Patterns, Charts, and Graphs, Beginners Crochet Guide with Pictures)

Click the web link below to download and read "Crochet: Learn How to Make Money with Crochet and Create 10 Most Popular Crochet Patterns for Sale: (Learn to Read Crochet Patterns, Charts, and Graphs, Beginners Crochet Guide with Pictures)" file. Download PDF »

	$\[\]$	
=	=	
-		

[PDF] Patent Ease: How to Write You Own Patent Application Click the web link below to download and read "Patent Ease: How to Write You Own Patent Application" file. Download PDF »

	\geq
_	
_	

[PDF] No Friends?: How to Make Friends Fast and Keep Them Click the web link below to download and read "No Friends?: How to Make Friends Fast and Keep Them" file.

Download PDF »

_	

[PDF] How to Make a Free Website for Kids Click the web link below to download and read "How to Make a Free Website for Kids" file. Download PDF »

[PDF] To Thine Own Self Click the web link below to download and read "To Thine Own Self" file. Download PDF »