



Skinnygirl Solutions: Your Straight-Up Guide to Home, Health, Family, Career, Style, and Sex

By Bethenny Frankel

SIMON SCHUSTER AUDIO, United States, 2013. CD-Audio. Book Condition: New. Unabridged, Updated. 152 x 130 mm. Language: English . Brand New. BETHENNY FRANKEL, FOUR-TIME NEW YORK TIMES BESTSELLING AUTHOR, ON-THE-GO WORKING MOM, SELF-MADE BUSINESSWOMAN, AND DAYTIME S NEWEST TALK SHOW HOST, SHARES HER SKINNYGIRL GUIDE TO LIFE: SIMPLE IDEAS, EXTRAORDINARY RESULTS. SKINNYGIRL SOLUTIONS is your guide to having it all without getting overwhelmed. Bethenny s nonsense advice extends beyond the first adult steps and well into real relationships, established careers, and mommyhood, including: - Living Naturally Thin - Making fresh, healthy food for the table and on the go - Organizing your kitchen, your closet, and even your bathroom - Finding great fashion without breaking the bank - Beauty care essentials - Creating a home that s a haven - Effortless entertaining - Career planning - Entrepreneur advice - And how to create work-life balance In SKINNYGIRL SOLUTIONS, Bethenny offers hard-won advice on how to maintain a wellbalanced life. In Skinnygirl Wellness, Bethenny updates her advice on how to be Naturally Thin with an all new Quick-Start Plan and tips for getting kids (and the whole family) to eat better without complaints! The Skinnygirl Solutions for Daily Life section reveals...



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Absolutely among the finest book We have at any time read through. We have read through and that i am sure that i will going to read once more again later on. I found out this book from my i and dad suggested this book to find out.

-- **Alford McClure**

I actually started reading this article ebook. It is actually packed with knowledge and wisdom Its been printed in an remarkably simple way and it is only after i finished reading this pdf where in fact modified me, alter the way i believe.

-- **Prof. Uriel Witting**